

DON'T MISS OUT ON YOUR CHILD'S FREE FLU VACCINE; so they don't miss out on their fun



Did you know?

Lots of children with disabilities are scared of needles. The flu vaccine is given to children as a nasal spray, no needles! Just a quick and painless spray up the nose.



The NHS offers a free flu vaccine for children.

Children with disabilities can get their vaccine either at the **GP (2-3 yrs)** or at **school (4-16 yrs)**. If your child has a health condition that puts them at higher risk, you can book an appointment at the GP instead.

You can find out more information about the vaccine on AstraZeneca's website for the UK public.

Visit sharegoodtimesnotflu.co.uk



For some children, the nasal spray vaccine might not be the best option. In these cases, a free injectable flu vaccine should be offered.

Check with your school or healthcare team to see if your child is eligible.

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