Dates of appointments for Zoladex

DATE OF NEXT INJECTION	TIME





Using Zoladex® 3.6mg or 10.8mg (goserelin) for the treatment of early hormone-sensitive or advanced breast cancer

Your questions answered

AstraZeneca

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This leaflet should be read in conjunction with the patient information leaflet that comes with your Zoladex 3.6mg or 10.8mg injection

This leaflet is not intended to replace the advice of your doctor.

Zoladex® (goserelin)

This patient leaflet has been created and funded by AstraZeneca and is intended for patients prescribed Zoladex for breast cancer.

You have been prescribed Zoladex

What is Zoladex?

Zoladex 3.6mg is a small implant which is injected under the skin, using a needle. Zoladex 3.6mg contains a drug, goserelin, which dissolves out of the implant over a period of 28 days. Zoladex LA 10.8mg is a long-acting form of Zoladex where the drug dissolves over a period of 3 months. Once all the drug has dissolved, the implant will be broken down by the body, and will eventually disappear.

Where is Zoladex injected?

The injection is given under the skin on your stomach area and you may occasionally feel the implant under your skin.

Is the injection painful?

The injection is generally well tolerated with minimal discomfort.

Who will give me the injection?

Your nurse, GP, hospital doctor or medical team will be able to give you Zoladex.

How does the drug work?

In women, Zoladex works by reducing the amount of a natural hormone called estradiol (a type of oestrogen produced by your ovaries), which circulates in your blood.

How often do I need to have a dose?

If you have been given Zoladex 3.6mg, this is given every 28 days. If you are prescribed Zoladex LA 10.8mg this is given every 12 weeks.

What are very common side effects?

Very common side effects of Zoladex 3.6mg are hot flushes, acne, breast enlargement, vaginal dryness, sweating, Injection site reactions and a decrease in your libido (sex drive). These side effects are not normally serious enough to make it necessary to stop treatment, but you should speak to your doctor if you are concerned.

What other common side effects does Zoladex cause?

Like all treatments, Zoladex 3.6mg has side effects that may affect some patients. These include arthralgia (joint pain), changes in blood pressure, skin rashes, alopecia, tumour pain, thinning of the bones, headaches, paraesthesia (tingling, numbess or pins and needles), mood changes, depression and weight increase may occur early in treatment. For a full list of possible side effects, please read your patient information leaflet, which comes with your Zoladex 3.6mg or Zoladex LA 10.8mg injection.

Will the side effects of Zoladex stop once I have finished the treatment?

Hot flushes and sweating may continue for some time after stopping Zoladex

What happens if I can't get to my appointment exactly 28 days after my last dose (or 12 weeks if given Zoladex LA 10.8mg) —if I'm on holiday, for example?

You should make every effort to have your Zoladex 3.6mg injection exactly 28 days after your last dose or your Zoladex LA 10.8mg every 12 weeks. If you don't think you will be able to make your appointment, you should speak to your doctor, nurse or medical team as soon as possible.

How will Zoladex affect other medication that I am taking?

Tell your doctor, pharmacist or nurse if you are taking, have recently taken or might take other medications, including those that you have bought over the counter and herbal remedies.

Storing your medicine

You may be given a prescription and asked to get your medicine from the pharmacy and keep it until you see the doctor/nurse again. Keep it in its original package and do not break the seal. Store it at room temperature (not above 25°C) and keep it in a safe place away from children.

This information should be read in conjunction with the Patient Information leaflet that accompanies your Zoladex medicine.

Reference: Zoladex (goserilin) patient information leaflet

Reporting the side effects of Zoladex

If you get any side effects, talk to your doctor, pharmacist , nurse or medical team. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at **www.yellowcard.mhra.gov.uk.**

By reporting side effects you can help provide more information on the safety of this medicine and will allow quick identification of new safety information.

Zoladex®
(goserelin)