PSA follow up diary

Date	Treatment	PSA Result	Comments/Follow-up

Zoladex®
goserelin

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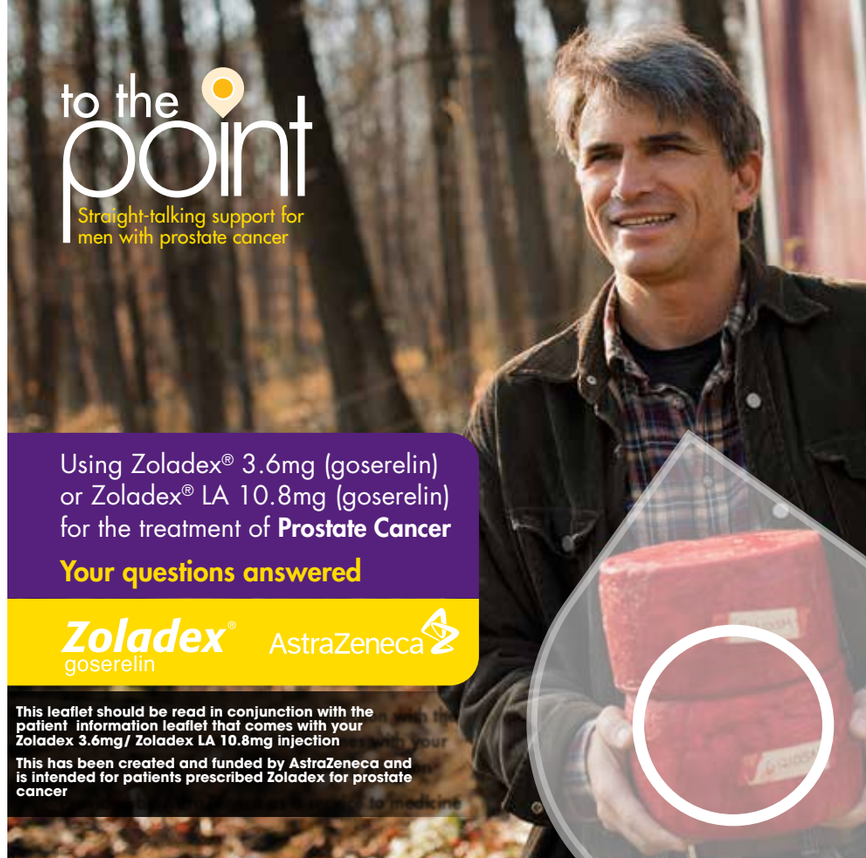
Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist, nurse or medical team. his includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at https://yellowcard.mhra.gov.uk/. By reporting side effects you can help provide more information on the safety of this medicine.

AstraZeneca
GB-82144
Date of preparation: October 2026



What is Zoladex?[1,2]

Zoladex contains a medicine called goserelin. This belongs to a group of medicines called `LHRH analogues'.
Zoladex comes as an implant (a very small pellet) in a pre-filled syringe, ready to be used by the doctor, nurse or medical team.

Where is Zoladex injected?[1,2]

The Zoladex Implant will be injected under the skin on your stomach.
It is important that you keep having Zoladex treatment, even if you are feeling well. Keep having this treatment until your doctor decides that it is time for you to stop.

Who will give me the injection?[1,2]

Your doctor, nurse or medical team will give you Zoladex.

How does the drug work?[1,2]

In men, Zoladex is used to treat prostate cancer. It works by reducing the amount of `testosterone' (a hormone) that is produced by your body.

How often do I need to have a dose?[1,2]

Zoladex 3.6mg is given every 28 days and Zoladex LA 10.8mg is a long-acting form of Zoladex and is given every 12 weeks. Always remind the doctor or nurse to set up an appointment for your next injection.
If you are given an appointment for your next injection which is earlier or later than 28 days or 12 weeks from your last injection, tell your doctor, nurse or medical team. If it has been more than 28 days or 12 weeks since your last injection, contact your doctor or nurse so that you can receive your injection as soon as possible.

What are the most common side effects?[1,2]

The most common side effects of Zoladex are:
Hot flushes and sweating, a reduced sex drive and impotence, bone pain, redness or swelling where Zoladex is injected. If you get any side effects, talk to your doctor, pharmacist, nurse or medical team. This includes any possible side effects not listed in the package leaflet.

What other side effects does Zoladex cause?[1,2]

Like all medicines, this medicine can cause side effects, although not everybody gets them.
For a full list of possible side effects, please read your patient information leaflet, which comes with your Zoladex 3.6mg/ Zoladex LA 10.8g injection. These side effects apply to all similar hormonal treatments for prostate cancer.

Will the side effects of Zoladex stop once I have finished the treatment?[1,2]

Occasionally these side effects may continue for some time (possibly months) after stopping Zoladex.

What happens if I can't get to my appointment exactly 4 weeks/12 weeks after my last dose – if I'm on holiday, for example?[1,2]

You should make every effort to have your Zoladex 3.6mg injection exactly 28 days, or Zoladex LA 10.8mg every 12 weeks, after your last dose. If you don't think you will be able to make your appointment, you should speak to your GP or practice nurse as soon as possible.

Ref

1. eMC. Zoladex 10.8mg patient information leaflet. May 2023. https://www.medicines.org.uk/emc/product/1567/pil (Accessed October 2026).

2. eMC. Zoladex 3.6mg patient information leaflet. June 2023. https://www.medicines.org.uk/emc/product/1543/pil (Accessed October 2026).